



### **POST-OPERATION INSTRUCTIONS**

**AFTER TREATMENT:** You and your child will remain in the office upon completion of treatment until your child is awake, alert, can sit up and move with minimal assistance. Because we use local anesthetic to numb your child's mouth during the procedure, they may accidentally bite or chew the lips, cheeks, and/or tongue and/or rub and scratch the face after treatment. This is especially true if it is the first dental treatment for your child. Please observe them very closely. The danger exists for 2-3 hours after treatment. A small amount of bleeding from the gums around the teeth that were fixed or removed is normal and should stop within 24 hours. Your child could experience minor discomfort, if any, as a result of the dental treatment.

**RETURNING HOME:** Your child **must** be supervised by a parent or legal guardian at all times. He/she should be closely observed for breathing difficulty and carefully secured in a car seat or by a seat belt during transportation.

**ACTIVITIES: DO NOT** plan or permit any outdoor/indoor strenuous activities for your child after the treatment. Allow them to rest. Closely supervise any resting activities for the remainder of the day.

**DRINKING/EATING FOLLOWING TREATMENT:** Be sure that your child starts to drink liquids as soon as you leave the office. This will prevent dehydration. We suggest that the first drink following treatment is plain water. Small drinks are better than allowing them to fill up all at once. Feed them soft food diet when they are ready but wait at least 2 hours until the numbness from the local anesthetic has dissipated.

**TEMPERATURE ELEVATION:** Your child's temperature may be elevated to 101 degrees F/ 38 degrees C for the first 24 hours after treatment. Give children's acetaminophen or children's ibuprofen every 3-4 hours and encourage drinking water to help alleviate this condition.

#### **CALL US IF:**

- Vomiting persists beyond 4 hours or occurs greater than 3 times
- Temperature remains elevated beyond 12-24 hours or goes above 101degrees F
- There is difficulty breathing
- There is persistent bleeding
- Any other matter caused concern

**St. George Kids Dental (435) 673-3490**